

trip and rapport Zanzibar, Ndjiani Mseweni



date of the journey: 22.12.10 – 11.3.11

name: vera

activity: Student

Airline:

Zurich – Dar es Salaam Roundtrip with Swiss (approx. 1'500 CHF). From Dar es Salaam to Stone Town, Zanzibar by ferry (ap. 20 USD).

Flight from Dar es Salaam to Stone Town with Zanair or Coastal Air (approx. 80 USD).

Vaccinations:

Get informations from the “ Institut für Tropen- und Reisemedizin Zürich”. Some vaccinations might get payed by an additional insurance. (approx. 200 – 300 CHF)

Accommodation:

- Stone Town, Shangani in a furnished 1 to 2 roomed apartment with water, electricity, sharing kitchen, stove, oven, fridge, daily housekeeping, TV and Fan, sometimes even with AC. The clothes you can either wash yourself by hand or give it to the housekeeping lady for approx. 20 Cents per piece. The apartment costs 450 USD per month. It is also possible to rent only for a view days or weeks.
- Contact apartment: +255777415613 (Moses) or mosses_znz@yahoo.com
- Hotel on the east coast, Tamarind Beach Hotel in Uroa. 15 USD per night with breakfast and wireless. condition: CAAA member
- +255777411191 or tamarind_uroa@hotmail.com

Media:

- ATM machine: ONLY in Stone Town, f.e. Barclays Bank or FBME (good with 6 digits code)
- Internet: plenty internet coffees in town. Price per ½ an hour 500 Tsh (approx. 30 Cents)

Currency:

Tansanian Shilling, 1 CHF = approx. 1600 Tsh. I recommend taking US Dollars to Zanzibar and changing them in a currency exchange office into Tansanian Shilling. It is easier to pay in Tansanian Shilling in most of the hotels, some restaurants and big souvenir shops it is possible to pay in Dollars and sometimes even with Credit Card.

Health:

Pharmacies and drugstores are available. Hospital: Mnasi Moja Hospital in Stone Town. In case of serious diseases or injuries, I recommend going to Dar es Salaam in Tansania or even to Nairobi in Kenya. Further it is helpful to be member of Rega. Dentists are only in Dar es Salaam.

Mobility:

- taxi: one day rental (driver included;-) 50 USD. taxi from airport to stone town between 10'000 to 15'000 Tsh (7 to 10 CHF)
- Renting a scooter, manual or automatic: 10 USD per day. Take your Swiss driving license with you and apply in Zanzibar for a local permission. It is even without a driving license possible to receive a local Learners Licence.
- Dalladalla: a local shuttle bus. From the morning until 4pm in the afternoon. A trip out of town costs between 1'000 and 2'000 Tsh (approx. 1-2 CHF)
- Trip from Stone Town or Uroa to Ndijani Mseweni is not recommended by Dalladalla but by scooter or car.

Food:

There is a big variety of local and touristic restaurants in town.

„Lukmaan „ on New Mkunazini Rd is a good, clean and cheap restaurant where tourists as well as locals are to be found. A big meal with beverage costs around 5'000 Tsh (approx. 3 - 4 CHF).

Touristic restaurants are everywhere. One of the cheaper ones called “Archipelago” is opposite to the NBC bank. There you get a fruit juice for 3'000 Tsh (approx. 2 CHF) and a meal for about 10'000 Tsh (approx. 8 CHF).

Other famous restaurants (a little more expensive) on the beach are “Mercury’s” and “Livingstone”, in the middle of the town you can find “House of Spices”, “Coffee House” or the restaurant of Chavda Hotel on the roof top with a great view over Zanzibar Town.

Further I recommend visiting Forodhani Garden after 6pm. There you have a big selection of fresh sea food with different side dishes and a refreshing glass of sugar cane juice.

For those who want to buy fruit, vegetables, bread, grains, fish and meat by themselves go to Darajani Market on Creek road on the opposite side of the Dalladalla station. Here a short sample of some prices:

1 Mango = 500 Tsh
1 Papaya = 700 Tsh
1 Pineapple = 2'000 Tsh
1 small bunch bananas = 1'000 Tsh
1 bread = 200 – 300 Tsh
Sodas = 1'000 Tsh

1.5 liter water (“Drop”) = 1'000 Tsh
1.5 liter fresh milk = 2'000 Tsh
1 liter pasteurized milk = 3'000 Tsh

If you want to buy fish and meat it is best to go with a local person who knows where to find the fresh products.

The best way to get a very fresh product is to buy a chicken on the market and kill it afterwards. You can either do it yourself ;-) or you can ask a guy to do it for you. A medium size chicken costs about 5'000 Tsh and the slaughter 500 Tsh.

Most of the other products you need for living you will find on the street or in small family shops. There are two supermarkets a little out of town called “Kwality Supermarket” and “Migoz”.

Clothing:

It is better and more respectful not to wear short clothes.

Shopping:

There is a big selection and variety of African clothing and memory shops. You find almost everything from cheap to very expensive.

Safety:

Me as a young women always felt safe. There is almost no crime. It was no problem for me to walk alone through town either during day or in the evening. For the suburb areas I recommend to go with a local person.

The people are very friendly and helpful to show you where to go or even if you have an accident or bigger problem they are willing to help you.

Activities for our project CAAA:

There are endless things to do. From hygiene up to training for teacher and/or students are many things to do. Your initiative and an open eye are asked.

I taught English to teachers and gave them computer lessons which can be continued. In addition I animated the children by gymnastics and playing either with playing soccer or having a swim day on the beach. I also bought toothpaste and toothbrushes for the children and showed them how to use them daily. Another chapter is music.

We already have a keyboard at school and try to organize new instruments to bring them the music closer in the classes. Other activities such as tinkering, sewing or wood handcraft would encourage their creativity.

Requirements:

Your enthusiasm and passion for such activities such as interest in progress in education.